



senior college at belfast
 the hutchinson center
 80 belmont ave., belfast, me 04915
 www.belfastseniorcollege.org

Spring 2016 Course Catalog

March 24 to April 28, 2016

Welcome to the Spring session of Senior College at Belfast which begins on Thursday March 24. Classes run for six consecutive Thursdays, ending on April 28. All of our classes will be offered at the Hutchinson Center on Route 3 in Belfast. Please register early for the classes you would like to take in order to avoid disappointment. Registering early also helps us to determine the number of textbooks needed for some of the classes.

Thursday Morning Classes 9:30 – 11:30 AM	Thursday Afternoon Classes 1:00 – 3:00 PM
The Life and Times of Winston Churchill, Part 2	Terrorism: A 21 st Century Perspective
The Roaring Twenties – Paris, the Cradle of Modernism	Motivation and Personality Structure
The Arts and Crafts Movement in America	The Idea of America
Mainescapes: The Inside Scoop on the Outside Stuff!	Drawing with Confidence and Clarity
Concepts of Self	Basic Genealogy – Beginners Welcome
Modern and Contemporary American Poetry, a Continuing Introduction	Developing Your Backyard Gardening Skills
A Look at the Epic of Gilgamesh and Ancient Mesopotamia	Intermediate Conversational French, Part V

Special One-Day Classes 9:30 AM to 3:00 PM

Let's Learn to Draw	Tuesday March 15
Living Large with Less: The Upside of Downsizing	Tuesday April 26

Special Saturday Opera Series

The Comedy of Love	March 12, April 9 and April 23
All classes start at 12:30 PM	

Morning Classes

9:30 – 11:30 AM

THE LIFE AND TIMES OF WINSTON CHURCHILL, PART TWO (1930 – 1965)

Peter Reilly, Instructor

Part Two of the Winston Churchill course continues the overview of one of the most influential persons in the 20th century and perhaps the greatest statesman of the 20th century. Fortunately for us and history, there is much written about his life and times, including his own great writings. Again, through the telling of Winston Churchill's life, we will look at the monumental events that cast their shadows not just on Great Britain but also on the world. Holding the British Empire together through two world wars, a depression, changing cultural values, worker organization, etc., was his mission. While holding the British Empire intact was not to be one of his achievements; leading the free world in times of crisis was. Winston Churchill was not only a witness to but also a part of the great events of the 20th century.

In summary, the course will not just be a study of a great man's life; it will also be a study of the events, people and times that shaped that life. Hopefully it will also be a study of how decisions, events and happenings in the 20th century have subsequently impacted and shaped our world today.

Peter Reilly has presented a number of well-received classes at Senior College on a variety of topics. He holds a BS and MBA from Monmouth University.

THE ROARING TWENTIES!—PARIS, THE CRADLE OF MODERNISM

Barbara LeGendre, Instructor

“Make art New!” admonished Ezra Pound and so they did: F Scott Fitzgerald. John Dos Passos, Gertrude Stein, James Joyce, Ernest Hemingway, T.S. Eliot. What do they share with Picasso, Matisse, Stravinsky? Come read the great fiction and poetry of the “lost generation.” What was their appeal? What was their legacy? Enjoy the lights from the “City of Lights”!

Class size is limited to 20 students.

Barbara LeGendre acquired most of her education (BA, MAT, PHD) as an adult and so has a special fondness for adult learners! She recently retired from 22 years of teaching in the John S. Knight Institute for Writing in the Disciplines (Cornell University), where she taught language acquisition and expository writing. She also worked with graduate students with writers' block. Barbara taught a very well-received course on Maine writers last fall at our Senior College.

THE ARTS & CRAFTS MOVEMENT IN AMERICA (1895 – 1920)

George and Karin Look, Instructors

The Arts & Crafts Movement that flourished in the United States and United Kingdom from 1870-1920 sought to revive earlier methods of workmanship and design of decorative and utilitarian objects, and of houses and the way we live in them. As such, the Arts and Crafts philosophy and aesthetic focused on the collaboration between the designer and the craftsman, and on the merging of those skills into

one individual, and pursued simplicity of design, handcrafted objects, and the use of local materials and inspiration. This course delves more deeply and broadly into the Movement than was possible in the one-day class in 2014. Together we will uncover and discuss its philosophical roots, meet some of the most influential leaders and advocates of the Movement in the United States, and learn about the societies and schools that spread its ideals. Once we discuss why the Movement arose and how it was spread, we will learn about the craftsmen and craftswomen who espoused and implemented its philosophy and aesthetic through their artistry in the areas of architecture and the landscape; ceramics; furniture; glass; metalwork, including jewelry; and private press books, ephemera and graphic arts. The instructors will use photographs (slides) of period objects as an integral part of their presentation and discussion.

George and Karin Look embraced the Arts & Crafts Movement more than 20 years ago and over the years created an Arts & Crafts home replete with period furniture, books, ceramics and lighting. They have published on ceramics, been part of seminars on private press books, and participated for over 15 years in the annual Arts and Crafts Movement Conference in Asheville, NC. They have taught several classes at the Belfast Senior College, including the one-day “Introduction to the Arts and Crafts Movement in America” in October 2014.

MAINESCAPES . . . THE INSIDE SCOOP ON THE OUTSIDE STUFF! *Mike Shannon, Instructor*

Connecting with ourselves, with others, with the land . . . three good reasons why many of us spend time outdoors. Almost forgotten in this high-tech age of the internet is the traditional art and craft of connecting landscapes and mindscapes. This natural history course will whet your appetite for things wild and natural. This is your chance to discover and explore the wild side of Midcoast Maine and the possibilities will surprise and delight you. We will connect with local places, learn to identify common species, sharpen our observational skills and arouse our kinship with all life.

Mike Shannon is a naturalist, educator, and a Registered Maine Guide. Whether in the forest prowling for owls or aboard boats scanning for pelagic birds, he continues to lead outings for local groups. He is retired from Unity College where he taught ornithology and ecological education. A former director of the Audubon Ecology Camp in Maine (Hog Island), he has also served as Master Naturalist for the Massachusetts Audubon Society. Mike has a long history of sharing his passion and enthusiasm for things natural.

CONCEPTS OF SELF *Sara Shute, Instructor*

This is a philosophy course about some important and more or less well-known views of the self. Many contemporary psychologists, “neuroscientists,” and philosophers deny that there is a “self”: there is only the brain. If this is true, then the “self” has finally been “naturalized.” It is even claimed that this view is similar to the Buddhist doctrine of “no-self.”

We will try to unpack some of this in this course by trying to answer questions such as the following: Is the mainstream, contemporary neuroscientific view that the “self” is an illusion basically the same as the Buddhist doctrine of “no-self”? How do these views differ from the Vedantin (Hindu) belief that the self is Brahman (God), or the Yoga (Sankhya-Yoga) view that the self is omnipotent and omniscient or from Descartes’ view of the self as a unitary, indivisible consciousness? How do David Hume’s “bundle theory” of the self or Locke’s view that the mind at birth is a blank slate differ both from earlier views and from contemporary, scientific views? Since Freud believed that his ideas about the self would one day be proven to have an empirical basis, how does his theory of the id, ego, and superego fit with both earlier and later views? Why does so much contemporary psychology and neuroscience claim the self is an illusion, and can one deny this while accepting science as “true”?

So that you will not be disappointed, please note again that this course will be taught from a philosophical point of view. It is not a course in the practices of Eastern religion or philosophy, nor in the history or sociology of India, nor in comparative religions. We will confine ourselves to philosophical concepts and beliefs and to the arguments for them.

Sara Shute received a Ph.D. in philosophy from Washington University in 1977. Her dissertation was on the mind-body problem. She spent her career teaching philosophy at a small liberal arts college in the midwest. During that time she taught a course in Eastern Philosophy each year for over 20 years and taught many courses in the history of western philosophy. This will be the eighth class she has taught at senior college.

MODERN AND CONTEMPORARY AMERICAN POETRY, A CONTINUING INTRODUCTION

Ellen Sander, Instructor

This course is open to those with little or no prior exposure to or understanding of poetry. Continuing with Ellen Sander's highly accessible introductions to modern poetry, we will unravel approachable and relevant works anecdotally and through multimedia. We will use audio and video equipment, collaborative close reading and lively discourse.

Modern Poetry, breaking with the more formal and lofty Romantic-era poetry which preceded it, as music and fine arts did between and after the World Wars, introduces intriguing abstractions, biting social commentary, controversy, and adventuresome forms that invite and encourage interpretation, discussion and interaction. This course will explore poets whose works track the emergence, development and arc of Modern Poetry. We will read outstanding works by familiar and less obvious master American poets whose work embodies the 20th Century's reach into the 21st.

After an initial look at Wallace Stevens and Gertrude Stein, we'll delve into works by W.H. Auden, Elizabeth Bishop, Randall Jarrell, Robert Duncan, John Hollander, Robert Creeley, as well as by some living poets, Robert Pinsky, Tom Clark and others — each piece chosen for its vivid writing and stand-alone appeal.

This class will have a text, so register early to ensure getting your copy for the first day of class.

Ellen Sander, who has been reading, writing and studying poetry for 60 years, is a former Belfast Poet Laureate and has taught 3 previous sessions of "A Continuing Introduction to Modern Poetry" at Senior College.

A LOOK AT THE EPIC OF GILGAMESH AND ANCIENT MESOPOTAMIA

Juliet Baker and Rebecca Jessup, Instructors

"The Epic of Gilgamesh," the great Mesopotamian/Sumerian poem, composed before the Bible or the Greek epics, remains the earliest extant piece of western literature. Written on clay tablets in Akkadian cuneiform between 2000 and 1100 B.C.E., the text was not discovered until the 1850's. The poet weaves together myth and reality, artfully creating an archetypal tale of a great Sumerian king's quest for friendship, love, and immortality. The poetry is beautiful and moving; the society it depicts is amazing.

In the course we will emphasize the ancient poem itself; the development of cuneiform writing; the history of Mesopotamia — Gilgamesh, for example, an actual Sumerian king, reigned around 2700

B.C.E. While many of us may associate the “Great Flood” with its depiction in “The Book of Genesis,” we’ll find an older and strikingly similar version in “Gilgamesh.”

Geographically and culturally unique in the ancient world, Mesopotamia has left us an immeasurably rich record. During the course we will look at slides of Mesopotamian sculpture and architecture, monuments that are in danger of being destroyed by religious and political extremists.

This class will have a text, so register early to ensure getting your copy for the first day of class.

Juliet Baker has studied and taught English language and literature for forty years. She holds a B.A. and M.A. in English and pursued a Ph.D. at Berkeley. She has taught several well-received courses at Senior College, including “The *Bible* as Literature,” “*Beowulf* Reconsidered,” “A Feminist Reading of *Jane Eyre*,” and “A Reconsideration of Charles Dickens.” In the community she has also offered classes on poetry and on mystery novels, facilitated reading groups on *The Odyssey* and *The Aeneid*, and directed an Arthur Miller play.

Rebecca Jessup received her BA in Classics from the University of Colorado (CU) Boulder. She taught Latin at CU for several years and taught small groups and private students around Boulder for over ten years. She has taught home school students and interested adults, students as young as seven and as old as you. For years she taught high school Latin in Colorado and Indiana as well as International Baccalaureate classes. Rebecca has also taught at Senior College and other independent adult education centers.

Afternoon Classes

1:00 – 3:00 PM

TERRORISM: A 21ST CENTURY PERSPECTIVE

Thomas McCarthy, Instructor

This course will look at the dynamic of global terrorism through the eyes of a retired U.S. Secret Service Agent who has traveled globally – including the war zones – providing training to host countries’ security forces. We will explore all facets of terrorism with an emphasis on groups with international goals and capabilities, including the emergence of ISIS as a global force to be reckoned with. The class will stress interactive discussion designed to enhance participants’ perspective of this difficult topic.

Tom McCarthy, a graduate of Northeastern University and a Vietnam veteran, is a retired U.S. Secret Service special agent. Since 1995, he has traveled worldwide—including to war zones—for the Department of State lecturing and providing training to host countries’ security forces. He has also lectured extensively for other entities including John Jay College of Criminal Justice. McCarthy has retired to Camden, and besides intelligence, he lectures on protective services, another area in which he has had personal experience, and terrorism. Tom has taught several very well-received courses at Senior College.

MOTIVATION AND PERSONALITY STRUCTURE

Keith Dunson, Instructor

The subject of *Motivation* is surrounded by a morass of conflicting literature. It is no wonder that there is such misunderstanding or little to no understanding of this subject. The content of this course is a result of about 12 years of a multifaceted study in search of an understanding of the nature of

motivation. This understanding has been applied over the years in a wide range of fields such as relationships, leadership training, and sports, but not in education until now. This course will consist of three sections.

The first section is an instructional phase to introduce the major schools of thought about motivation, to discuss how to evaluate a theory, to examine the evolution of the intrinsic/extrinsic concepts and the difference between physiological and psychological needs. It will also include an in-depth study of the universal needs that explain behavior and define “normal” personality structures. Several voluntary assignments will be given to encourage class participation.

The second section involves practical applications with special attention to educational implications that help to explain why some kids are at risk and why some eventually drop out of school (when normal doesn’t fit). High school cliques will be validated and you will be able to understand your place when you were in high school. There will be several other applications. For example, in spite of all the promotions of the annual Oscar awards, you will find reassurance that there is nothing wrong with you if you are disinterested or even annoyed by it all. The hope is that at this point in the course participants will begin to engage in self-discovery and enjoy insights into the quality of their relationships.

The third section will focus on highly speculative applications. To name a few: Is there a nihilistic personality? What are the psychological characteristics that predispose some people to acts of violence and radicalization and can they be predictive? What are the characteristics of a philanthropist?

This class will have a text, so register early to ensure getting your copy for the first day of class.

Keith Dunson, M. Ed., has specialized in serving “At-Risk” students in public education settings in Waldo County for 35 years and has served locally on Drop-out Prevention committees as well as on a state level Alternative Education Committee. He presented his paper on his studies of motivation at an international conference in Indianapolis, Indiana, which led to the formation of a research team. He successfully presented the initial validity results (based upon the former RSU elementary school population) for peer review of his team’s research on the motivation and psychological characteristics of “at-risk” students at the International Conference of Motivational Scientists and Professionals in the Washington D.C. area. This resulted in the development of a scientifically valid psychological instrument for screening elementary students for “At-Risk” characteristics. He was involved with validity and reliability confirmation of these studies at a seminar in Chicago. He has since presented both locally and at the state level and is currently writing a discourse on the natural laws of human education.

THE IDEA OF AMERICA

Duncan Newcomer, Instructor

The curriculum for “The Idea of America” is part of a national pilot project created by the Colonial Williamsburg Foundation to deepen the quality of civic dialogue in America. We will look at the ideas and the values that went into the creation of our national experiment. We will also look at the on-going “Great Debate” that occurs when those values are applied to specific issues. We will study the four pairs of values that work in tension: Ethics and Law; Common Wealth and Private Wealth; Unity and Diversity; Freedom and Equality. We will consider three national issues: Education; Immigration; and the Economy. Finally, we will read about four American leaders as examples of people working with conflicting values: Jefferson, Lincoln, Elizabeth Cady Stanton, and Martin Luther King, Jr.

The goal is to see if people from around the country who hold opposing views of issues can find practical ground in commonly held values that are rooted in our history.

This class will have a booklet, so register early to ensure getting your copy for the first day of class.

Duncan Newcomer is the New England coordinator for the Colonial Williamsburg pilot project on the Idea of America. He has taught this material at the Hutchinson Center as well as a Senior College course on his book "Quiet Fire: The Spiritual Life of Abraham Lincoln" which is a short feature on WERU at 6:30 Wednesday mornings each week. Duncan is a writer, teacher, and spiritual director. He and his wife Rebecca Jessup, Latin teacher and poet, live in Northport.

DRAWING WITH CONFIDENCE AND CLARITY

Sandi Cirillo, Instructor

Through exercises assigned in class, homework, and weekly critiques, we will continue to explore our inner selves as we gain confidence and clarity in honing our drawing skills. Students can work in their own areas of interest with guidance from the instructor. They will be expected to create several finished drawings by the end of this class. This is NOT a beginners' drawing class. Intermediate and advanced drawing students are encouraged to attend.

Some supplies will be provided, but you can also bring the materials you are most comfortable working with. Please no pastels. Black and white is encouraged, but color is fine too.

Class size is limited to 12 students.

Sandi Cirillo is a lifelong artist and earned both her bachelor's and master's degrees in art education from Nazareth College in Rochester, New York. She has spent most of her career teaching in public schools in New York. Also an accomplished fiber artist, she has taught fiber workshops to adults and children throughout the Northeast and North Carolina. Influences for her drawings and fiber artwork come from her joy of hiking and photographing in the natural world and her love for the beauty of coastal Maine.

BASIC GENEALOGY - BEGINNERS WELCOME

Betsy Paradis, Instructor

Are you curious about the branches of your family tree? Do you want to know more about Ancestry.com, the LDS family history centers and DNA testing? Have you started to search but find you're unsure of where to look next? In this course, we'll look at the basics of genealogy research and explore the sources available in print, on-line and in various repositories. We'll discuss the types of records available and where to find them and learn how to interpret and evaluate the information we find. Finally, we'll look at the tools available to record and to keep track of the information and ways to share our work with others. If you enjoy solving puzzles and delving into the past, you'll enjoy this course.

This class will have a text, so register early to ensure getting your copy for the first day of class.

Betsy Paradis is the Reference and Special Collections Librarian at the Belfast Free Library and holds a Masters Degree in Library and Information Science from the University of South Carolina. Prior to coming to the Belfast Library, she was Special Collections Librarian at the University of Maine's Fogler Library. She has taught genealogy courses at the Belfast Library and the Old Town Museum, and has presented on the topic at several libraries around the state and at library and genealogy conferences. She has presented at several Belfast Senior College courses, including a genealogy course in 2003.

DEVELOPING YOUR BACKYARD GARDEN SKILLS

Rick Kersbergen, Class Facilitator/Organizer

As the days become noticeably longer, it's time to start getting serious about the garden you're going to plant this year and learn just what you can produce in your own back yard. In this course we'll focus on healthy gardening — by which we mean healthy plants, healthy gardeners, and even healthy eating.

A cohort of garden experts will teach this class, including faculty and professionals from the University of Maine Cooperative Extension as well as some local experts. The class will cover production and storage of healthy crops that everyone can grow in their gardens...big or small.

The last class will feature a session at the Troy Howard Middle School on seed starting and transplanting, so students will actually get their hands dirty and leave with something to start in their gardens!

This class will have a text, so register early to ensure getting your copy for the first day of class.

Rick Kersbergen has been teaching Master Gardener classes for more than twenty years. He works in the Waldo County office of the University of Maine Cooperative Extension, lives in Burnham, and manages a family garden with the help of his wife. He has organized and presented several other very well-received gardening classes at Senior College over the years, and in this one he will be joined by several instructors from UMaine Extension as well as seasoned gardeners.

INTERMEDIATE CONVERSATIONAL FRENCH – PART V

Lila Nation, Instructor

If you have at least two years of French or the equivalent and would like to master French, join the group of dedicated Senior College participants who have been honing their French speaking skills over the last three years. This merry band decided early on that they wanted more than just a superficial introduction to the beautiful French language; they wanted to dig in and master all the concepts of grammar while improving their pronunciation and expanding their vocabulary. Become part of the fun that this group has as they and you continue on your journey to master French.

This class will have a text, so register early to ensure getting your copy for the first day of class.

Lila Nation earned her master's in teaching French and has taught this beautiful language for more than thirty-five years. She travels to France regularly to stay fluent in idioms and changing vocabulary, and takes frequent trips to Québec and other French-speaking regions as well. She also plays cello, piano, and sings, so she'll regale you with music and stories of her travels while encouraging you to share your own experiences *en français*.

SPECIAL ONE-DAY CLASSES

LET'S LEARN TO DRAW

Sandi Cirillo, Instructor

Tuesday March 15, 2016 9:30 AM to 3 PM

If you've ever caught yourself doodling, you are indeed drawing. Drawing is the oldest form of written communication and is a favorite leisure activity for many people. In this class, you will explore your creative side as you learn how to create a good composition using techniques such as shading, contrast, perspective, texture, movement, etc. We'll be experimenting with different drawing materials to enable you to discover which ones you like the best (or the least). Drawing still lifes and landscapes are only a small part of this class. All supplies will be provided. All you need to bring is your enthusiasm to learn something new. So come prepared to enhance your creativity and stimulate your imagination through drawing. Class size is limited to 12 students.

Sandi Cirillo is a lifelong artist and earned both her bachelor's and master's degrees in art education from Nazareth College in Rochester, New York. She has spent most of her career teaching in public schools in New York. Also an accomplished fiber artist, she has taught fiber workshops to adults and children throughout the Northeast and North Carolina. Influences for her drawings and fiber artwork come from her joy of hiking and photographing in the natural world and her love for the beauty of coastal Maine.

LIVING LARGE WITH LESS: THE UPSIDE OF DOWNSIZING

Sean and Linda Fowlds, Instructors

Tuesday April 26, 2016 9:30 AM to 3 PM

Living Large With Less: The Upside of Downsizing explores the countercultural notion of learning to live with less stuff in order to experience more of life. As the title suggests, the course covers downsizing possessions but also addresses how to be better organized, utilize technology to simplify your life, and maximize your money in order to live large with less. Interactive question and answer sessions are planned as time allows.

Sean and Linda Fowlds are recent transplants to coastal Maine from the Nashville, Tennessee area. Sean is a writer and editor with a marketing degree from James Madison University in his home state of Virginia, and his wife, Linda, is a native Floridian and professional organizer. Five years ago, the couple sold their home and furnishings, donated their library of about 2,000 books, and radically downsized to live a more location-independent lifestyle. They have since lived in Celebration, FL; Nantucket, MA; Franklin, TN; and now Northport, ME.

SPECIAL SATURDAY OPERA SERIES

March 12, April 9, and April 23

All classes start at 12:30 PM

Presented in collaboration with the University of Maine Hutchinson
Center

THE COMEDY OF LOVE

Richard Brown, Instructor

Saturday March 12, 2016 at 12:30 PM

Mozart's comic masterpiece *Così fan tutte* (Women are Like That) has been called the most perfect ensemble opera. Eighteenth Century morality found its "adulterous machinations" not to its liking. However, morality has changed and *Così's* brilliance is fully recognized and realized by a young, vibrant cast in this Glyndebourne Opera production.

Saturday April 9, 2016 at 12:30 PM

The story of Cinderella is, of course, well known, but Rossini's 1817 *La Cenerentola* has no magic pumpkin or glass slippers. What it has on this occasion is the spectacular singing of Cecilia Bartoli and

the rest of the cast in this Huston Opera production.

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Saturday April 23, 2016 at 12:30 PM

Donizetti's hilarious romp *L'elisir d'amore* (The Elixir of Love) tops off this tour of classic comic operatic love stories. The superb acting and wonderful singing of Anna Netrebko and Rolando Villazon in this live recording of a Vienna Staatsoper production is a very fitting finale.

Richard Brown earned his bachelor's degree in music education from Boston University and his master's in music history and theory from the University of Connecticut. He spent the most important thirty-nine years of his teaching career in the public schools of Connecticut and Massachusetts, mostly at the secondary level. During these years he directed musical theater productions, including many of Broadway's best-known musicals. Dick has also taught music courses at American International College in Springfield, Massachusetts, and at the University of Maine Hutchinson Center.

Please remember, to take a course you must be a member of Senior College (and at least 50 years of age or living with a spouse or partner who is). The annual membership fee is \$25 and covers the entire 2015-2016 academic year. The fee for each course per semester is \$30. To become a member and/or register for a course by mail, just send in your check payable to Senior College at Belfast, along with your completed Membership/Course Registration Form, to: Senior College at Belfast, UMaine Hutchinson Center, 80 Belmont Avenue, Belfast, Maine 04915. If you do not have the form, either download it from the Senior College website, <http://www.belfastseniorcollege.org>, or include a note with your check indicating that it is for membership or registration or both and give the name of the course(s) you wish to take. Or you may stop by the Hutchinson Center on Thursdays between 10:00 AM and 1:00 PM to enroll or register for classes at the Senior College office.

NOTE: Some of these courses will fill quickly, so get your registration in as soon as possible. Calling and indicating an interest will not save your seat. To be fair to all, we must have your check in hand before we can enroll you in a course. Registrations are accepted on a space-available basis through the first day of classes on March 24. **However, for courses requiring textbooks, registration later than March 10 could result in your not having your book on the first day of class.**

Senior College admits members regardless of race, color, gender, national or ethnic origin, religion, sexual orientation, political affiliation, or amount of gray hair.

