



senior college at belfast
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Winterim Course Catalog 2018

January 18 to February 8

Welcome to the Winterim session of Belfast Senior College which begins Thursday, January 18. Classes run for four consecutive Thursdays, ending February 8. All our classes will be offered at the Hutchinson Center on Route 3 in Belfast. Please register early for the classes you would like to take to avoid disappointment, and be sure to order your text(s) or materials at least two weeks in advance. Please note that you are now responsible for purchasing the text(s) or materials if required for your course.

Morning Classes 9:30-11:30 a.m.	Afternoon Classes 1:00-3:00 p.m.
Gospel Sing and Shout!	Mythology and History of Octopuses
<i>Silent House: A Turkish novel by Orhan Pamuk</i>	Watercolor Painting
When MBNA Came to Belfast and Maine and Changed Everything	Human Impact on the Oceans
Branding: Its Impact on Politics, Business, and Careers	Spearing Sturgeon by Torchlight: Finding Home Where We Live
20th Century Sculptors: A Personal Selection	Music in the Movies, Part III: Documentaries
<i>Julius Caesar: The Continued Relevancy of Shakespeare</i>	Mathematics: The Study of Patterns
Everything You Wanted to Know About Wills, Trusts, and Probate	Photography: Thinking Visually with a Camera
Try Something New in Knitting	Jump Start Your Writing for the New Year (three-week course)

Thursday Morning Classes, 9:30 – 11:30 a.m.

Gospel Sing and Shout!

Lila Nation, instructor

Have you ever wanted to just belt out a gospel song when listening to it? This is your chance! It makes no difference your religious affiliation or lack thereof; it makes no difference your ethnic background; it makes no difference if you can read music or not. All that matters is that you really want to sing and shout some favorite gospel songs (and perhaps one or two new ones), clap your hands, stomp your feet, and have a great time with other "soul" mates.

Lila Nation has been teaching various levels of French at Senior College for several years now, and if you have ever had one of her courses, you already know that she loves to sing. She grew up in the Southland singing in her church choir from the age of three, but as a teenager, whenever possible, she slipped away to the closest African-American church where she learned to sing from her soul. She nearly completed her undergraduate degree in music before taking her first French course, and the rest is, as they say, French history. Nonetheless, she became the Music Director for twelve years at a local church in Belfast. She quickly grew the choir from eleven members to thirty-six, and eventually, community members came to church just to hear the choir!

***Silent House* by Orhan Pamuk**

Arlin Larson, instructor

Turkish novelist Orhan Pamuk was the 2006 Nobel Laureate for literature. His novels illustrate the complicated lives of late twentieth century Turks as they navigated the treacherous waters of modernization, Islamization, civil wars, and the vast changes ushered in by the collapse of the Ottoman empire. Equally as important are the characters' personal lives, motivated by quixotic quests, sexual desire, greed, and copious amounts of the Turkish national drink, *raki*. The "silent house" is the home of Fatma, the widowed matriarch of an upper middle-class family exiled from Istanbul because of her late husband's political views. He, Dr. Selahattin, had compounded the family misery by alienating the community he depended on for his income by attacking their religious faith. Also, his affair with his housekeeper resulted in illegitimate children; one of whom, Recep, he took in to become the loyal family servant. Events in *Silent House* unwind around a weekend in which three grandchildren, Faruk, Nilguen, and Metin, visit, bringing with them the situations facing the new generation. Each chapter is narrated by one of the main characters.

Since its first cities were built, Turkey has been a crossroad of civilizations. For the past couple of centuries, in the eyes of many it has offered the best hope of bridging the East-West divide. Recent events have called that progress into question. *Silent House* and other Pamuk novels immerse us deeply in the possibilities, dangers, and ambiguities of the new era.

Required text: *Silent House* by Orhan Pamuk. Knopf Doubleday Publishing Group, Kindle Edition, \$10.92 at Amazon.

Arlin Larson is a frequent instructor at Senior College in the areas of religion and philosophy. He obtained Master of theology and Doctor of Ministry degrees from the University of Chicago. Over the years he has served local churches, most recently Searsport Congregational, campus ministries, and taught in several colleges. He began reading the novels of Orhan Pamuk in preparation for a trip to Turkey in 2013.

When MBNA Came to Belfast and Maine and Changed Everything

Michael Hurley, instructor

More than twenty years ago a dinner conversation in Camden led CEO Charles Cawley to place a branch of his fast-growing credit card corporation, MBNA, in Camden. Within a short few years, there were over 5,000 employees all over Maine with the great majority in the Belfast and Camden area. An enormous economic dynamo, MBNA transformed the area pay scale, expectations, and opportunities, and revolutionizing local real estate, the arts, and support services, as well as having a positive effect on education and non-profits of every stripe. The class will learn about the arrival of MBNA, Charles Cawley, the growth in the mid-coast area, its effects on public and private entities and the economy, and MBNA's powerful impact on the employment market. The class will host numerous "in the know" guest speakers, and will learn and feel the dramatic events that occurred as MBNA arrived in Belfast and the area.

Michael Hurley: Michael Hurley's company was one of the first contractors called by MBNA when it arrived in Camden. He stayed with them at every job site from Delaware to Maine. He was elected Mayor of Belfast in 2001 and has remained active in city politics for over three decades. He worked on the retention and transition to Bank of America, and the recruitment of Athena Health, and On Process. Mike studied at Bergen Community College in Paramus New Jersey, pursuing an advanced and accelerated field of study.

Branding: Its Impact on Politics, Business, and Careers

Elaine Potoker, instructor

"If you don't brand yourself, you can be sure that someone else will do it for you."

(source unknown)

How much are you influenced by "branding" and "brands"? Your reply: "Not me, I'm not influenced that much..." Well, maybe a little," says he/she. Well, let's just see. Think further. Consider the choices you make, have made, will make, or have been made for you as consumers, or in the political arena, and by decisions that have affected your career paths.

In this course you will focus on the Art of the Brand and Branding. You'll delight and/or experience other perhaps more visceral emotions (we hope) as we uncover what gurus say and continue to say about the subject of branding. We'll explore through real world examples how branding affects you in many ways that you may not ever have considered. Plan on lots of discussion and interaction.

Elaine S. Potoker (B.A. SUNY, Potsdam, N.Y.; MAT University of Chicago; PhD Ohio State University) is Professor Emerita of Business from Maine Maritime Academy in Castine, Maine, having taught in both their graduate and undergraduate programs for 17 years. She has distinguished herself in the following areas through publications, awards, work experience, and consultancies: Strategic Planning, International Business, Marketing Research, Organizational Development, Cross-Cultural Training, and Workforce Development. Additionally, she is founder and owner since 1993 of Interloqui, a business development consulting firm (www.interloqui.com). Dr. Potoker is also a two-time Fulbright award recipient. She resides in Belfast, Maine, with her husband, Ken.

20th Century Sculptors: A Personal Selection

Stephen Porter, Instructor

This class is a survey of a personal selection of 20th century sculptors including, among many others, Constantin Brancusi, David Smith, and Donald Judd, covering their work and importance in the development of the history of modern sculpture.

Stephen Porter has been a sculptor all his life. He has exhibited his work nationally and in Maine at the Harbor Square Gallery in Rockland, the Courthouse Gallery in Ellsworth, and Greenhut Gallery in Portland. He received a BA degree from Colorado College in 1963 and an MFA from Cornell in 1967. He taught sculpture for more than 30 years at the university level.

Julius Caesar: The Continued Relevancy of Shakespeare

Nick Turner, instructor

An interactive and engaging look at Shakespeare's *Julius Caesar*, and how its drama and themes are timeless, culminating in a viewing of the play. (There will be a National Theater Live broadcast of *Julius Caesar* on Thursday, 2:00, March 22 at the Grand in Ellsworth and will be free to students, if they choose to attend.)

Required text: Any edition of Shakespeare's *Julius Caesar* is fine for this course as long as it is the full version. It is NOT required, but if you do not have a copy and want one, some are available at the Folger Library, and there is even a free Kindle version online.

Nick Turner is the Executive Director of The Grand in Ellsworth and has almost 30 years of performing arts and education experience, including writing, directing and acting. He is a devoted fan of Shakespeare and has taught and directed numerous plays and adapted several into musical form.

Everything You Wanted to Know About Wills, Trusts, and Probate

Randy Mailloux, instructor

Everyone likes to think that their affairs are in order, but how sure are you that you have charted a sensible plan? In this eminently practical course on estate planning, we will look at the history of the general probate process, including protecting persons (guardianships and conservatorships), wills, and trusts. We will also explore a variety of strategies for making sure your wishes are carried out without burdening your survivors.

We will open with a quick review of the history of the probate process, specifically wills and trusts, and then move into an explanation of just what wills and trusts are, what they can accomplish, and how they are disputed. We will discuss specific types of trusts and explain their purpose and possible uses, such as for Medicaid planning, general estate disposition, and special needs. We will also consider the various ancillary documents that are essential to a proper estate plan, including advanced health-care directives, powers of attorney, and personal property disposition memoranda.

The ultimate goal of the class is to give participants a thorough background in the above areas so they can better prepare their personal estate plan and deal with the probate court should it ever become necessary. Remember, it is not if...but when...

Randy Mailloux has practiced law in Waldo County for more than thirty-five years. He grew up in Belfast and earned his degrees from the Univ. of Maine at Orono and Gonzaga Univ. School of Law in Spokane, WA. From 1997 through 2004, he served as Waldo County Probate Judge. He has also served as Pres. of the Waldo County Bar Asso., Maine State Representative to the Natl. College of Probate Judges, and is a former member of the Maine Probate Judges Assembly. Randy has been involved in many civic organizations over the years. He spearheaded the formation of a Habitat for Humanity affiliate in Waldo County, served as its president, and is currently a member of the board of directors.

Try Something New in Knitting

Judy Beebe, instructor

Let's go get a pattern for something new--maybe with a challenging idea--and purchase the yarn and needles that will really make it special. Bring everything to class and we will all work away, ask questions, and share what we are doing. This could be a time to learn some new twists and, of course, chat. That is what knitters do!

Required materials: Yarn, needles, and your pattern!

Judy Beebe graduated from Smith College with a major in English Literature and did graduate work at Syracuse University to become an elementary teacher. After her mother taught her the basics of knitting, Judy became an avid knitter. With occasional help of experts in local yarn shops, she has learned just how rewarding and relaxing knitting can be.

Thursday Afternoon Classes, 1:00 – 3:00 p.m.

Mythology and History of Octopuses

Howard Torrey, instructor

We will survey the mythology of the octopus from ancient Greece to the present, and some fascinating anecdotal accounts of human interaction with octopuses. We will then discuss recent scientific accounts of the amazing intelligence and behavior of the creature. The text for the course will be *The Soul of an Octopus: A Surprising Exploration into the Wonder of Consciousness* by Sy Montgomery. The subtitle offers a good indication of our subject matter.

Required text: *The Soul of an Octopus: A Surprising Exploration into the Wonder of Consciousness* by Sy Montgomery, \$16.00, copyright 2015 (should be in print)

Howard Torrey received his Ph.D. in Chemical Engineering from Iowa State University. He has taught computer programming and applications at college and high school levels. He is interested in the history of science, especially evolutionary theory.

Watercolor Painting

Lynnette Sproch, instructor

“Your brush is your finger’s extension,
Color, the beauty,
Your paper, the waiting receptacle,
Your energy, your gift,
Your fearlessness, your success.”

Don’t let the idea of watercolor painting scare you. Watercolor has always had a bad reputation for being a difficult medium in which to work, but I love to teach students that within every “mistake,” there is a beautiful solution. Color is the essence of art, and it is easily taught with watercolor. With some simple techniques and a bit of color concepts, I can assist you into the magical world of pigment and paper while having fun and creating beauty!

Required materials: \$20.00 to be reimbursed to the instructor the first day of class.

Lynnette Sproch is a graduate of Rowan College where she was awarded the Dr. Shenk Award for creative excellence. She has been painting for 50 years, and teaching for 40, both in public and private institutions, as well as giving private lessons. Not only is she an artist in both watercolor and ceramics; she studied human anatomy for 15 yrs. with master sculptor Joe Query. Her works have been exhibited at numerous venues including Maine Won’t Discriminate, Huston Tuttle, the Caldbeck Gallery, Artfellows, and Colby College. She is a member of the Maine Arts Commission.

Human Impacts on the Ocean

Larry Mayer, instructor

Humans have strongly affected the ocean on both local and at global scales. We review these effects in various parts of the ocean, emphasizing how we can separate human from pre-human activity. Specific

topics will include the effects of getting food from the sea, getting energy and stuff out of, or into, the ocean, changing living communities by immigration or habitat, changing climate, acidifying seawater, changing the shape of coastlines, and more.

Larry Mayer is a professor of oceanography at the University of Maine. He was educated in chemistry and geology, but has broadened himself to work in many biological issues as well. He has taught several other relevant courses such as Chemical Oceanography, Estuarine Oceanography, and Marine Biogeochemistry. His research has focused on coastal oceanography extensively in Maine, and also in several other parts of the world.

Spearing Sturgeon by Torchlight: Finding Home Where We Live

Cloe Chunn, instructor

What does it mean to really belong to a place, a community, a landscape? Much of our “modern life” is lived apart from the natural world and its beings, human and nonhuman. The process of finding home has been characterized as rewilding ourselves, decolonizing ourselves, becoming indigenous, becoming native, discovering our roots, becoming whole, developing a sense of place, reconnection and recovery. In our time together, we will go more deeply into our love of place through meeting and greeting our “elders,” getting to “know the people at the party,” walks outside, sit spots, short readings, discussions, and other practices aimed at living in our landscape dearly and closely, and knowing that we belong.

Class size limited to 25

Cloe Chunn, a former high school and college teacher, is a naturalist, outdoor writer, and Registered Maine Guide. She is a cofounder and faculty member in the Maine Master Naturalist Program. Her book, *Fifty Hikes in the Maine Mountains* (W.W. Norton), has been a Maine standard hiking guide, continually updated and revised for over 30 years. Cloe has hiked the entire Appalachian Trail, and has explored wild country as far afield as Antarctica, where she did geological research during graduate school. Cloe is happiest when she is outdoors, where she enjoys feeling her connection to the rest of Earth's creatures and helping people restore their sense of connection also. She does this through her work with the Belfast Bay Watershed Coalition. She is especially fond of birding, kayaking, cross-country skiing, and Sphagnum bogs.

Music in the Movies, Part III: Documentaries

Neal Harkness, instructor

In the third part of our look at music in the movies, we will survey the best music documentaries. Much of our knowledge of music history comes from the record preserved by non-fiction filmmakers. Concert films, biographies of great musicians, and histories of musical trends and movements will all be examined. We will watch clips from the great documentaries to illustrate both the importance of their subject matter and the relevance of the films themselves in cinema history.

Neal Harkness has been a fan and student of American popular music his whole life. He has written on the subject for numerous publications and is currently a rock music programmer on community radio station WERU-FM. For Senior College at Belfast, over the years he has put together and presented a series of very well-received courses on the history of rock and roll.

Mathematics: The Study of Patterns

Patrick Lorenz, instructor

Mathematics is the science of patterns, says Keith Devlin, a highly respected mathematician and well-known popularizer of math. The idea that math is just the study of numbers and their practical use is about 2,500 years out of date. The alternative viewpoint that mathematics is too esoteric or abstract, irrelevant to our understanding of ourselves and our surroundings, is equally incorrect. To quote from Devlin's work, *Mathematics — The Science of Patterns*, “Mathematicians now view their work as the study of patterns, real or imagined, visual or mental, arising from the natural world or from within the

human mind.” This four-week course will explore mathematics as the search for order, and how its basic principles can be understood without a detailed working knowledge of its language, in much the same way as music can be appreciated by those unable to read a single note. Please join us for a great time, and bring some of your own notions for us to explore!

Patrick Lorenz is Professor of Mathematics and Computer Science at the Maine Maritime Academy and has taught there for the last 13 years. Prior to this, he was a biomedical researcher for many years and then worked for a large IT firm, most all of which was done within the Washington, D.C., area. Dr. Lorenz’ current interests include mathematical modeling of real-world phenomena using the Julia language

Photography: Thinking Visually with a Camera

Jim Kosinski, instructor

This upbeat course will ignite your enthusiasm for and enjoyment of photography! The workshop is dedicated to exploring and generating visual ideas and creating images with them. Each session begins with a lively presentation and discussion of photographic themes and ends with a hands-on photo session to put new concepts to work. There are no special skills required; the creative exercises allow everyone to contribute and develop their imaginations.

Jim Kosinski has been a photography educator for decades, having taught classes and workshops at colleges, schools, art centers, and museums throughout the Northeast since the 1970s. His presentations on “good humor with a camera” are ongoing at a variety of organizations in Mid-coast Maine. He invented the Merlin Paintcan Pinhole Camera that is used in photo & art classrooms throughout the world.

Jump Start Your Writing for the New Year

Linda Buckmaster, instructor

This **three-week course** will be influenced by multiple approaches to teaching and inspiring writers. Writing prompts and exercises will get students going, and we will look at the work of published authors for inspiration and examples of craft. We will focus on the process of writing as well as the product. You will get a start on material you may want to develop beyond the class. **N.B. This is a three-week course ending February 1.**

Required readings: Various handouts

Suggested readings:

Reading Like a Writer. A Guide for People Who Love Books and For Those Who Want to Write Them by Francine Prose, Harper Perennial

Lu Chi’s, *The Art of Writing*, translated by Sam Hamill, Milkweed Editions

One Continuous Mistake: Four Noble Truths for Writers by Gail Sher, Penguin Compass

Ron Carlson Writes a Story: From the first glimmer of an idea to final sentence by Ron Carlson. Graywolf Press

Linda Buckmaster has over forty publications in regional and national journals and three poetry chapbooks. One of her pieces was named a Notable Essay in “Best American Essays 2013.” Former Belfast, Maine Poet Laureate, she has taught in the University of Maine system for over twenty years. Her hybrid memoir, “Space Heart: A Memoir in Stages,” will be published by Burrows Press in 2018. She blogs at lsbuck1.blogspot.com

Special One-Day Course, Friday, Jan. 26, 9:30 – 3:00 p.m.

Henna: Its Origins, Uses, and Meanings

Saadiya Boutote, instructor

This course is a concise history of henna and its various cosmetic and artistic uses, followed by a practical application. The class will cover the origin of henna, and the medicinal and traditional uses of the plant. There will be preparation of the henna paste, and the practical application of henna on the hands.

Required materials: \$20.00 henna kit to be reimbursed to the instructor the first day of class. The kit includes two pre-mixed organic henna cones, henna designs, and an after-care oil bottle.

Saadiya Boutote completed her undergraduate degree in Political science and graduate degree with a Master of Public Administration from Rutgers University. She is a self-taught henna artist and has studied the history of the art form. Henna has been a greater part of her cultural connection to her Indian heritage. She currently uses henna as a medium for her artwork which includes painted Ostrich eggs.

Senior College admits members regardless of race, color, gender, national or ethnic origin, religion, sexual orientation, political affiliation, or amount of gray hair.

