



senior college at belfast
 the hutchinson center
 80 belmont ave., belfast, me 04915
www.belfastseniorcollege.org

SUMMER 2019 COURSE CATALOG

Summertime is a great time to enjoy a special learning experience, no school, no schedules, and long days of sun (hopefully) and relaxation. What better time to explore a topic of interest on a subject new to you? Senior College at Belfast once again is offering a variety of opportunities to tempt you and your friends to join us for a day or days of fun this summer, learning and meeting with fellow life-long learners and making new friends and acquaintances. We are once again waiving the membership fee for all summer courses. You, your friends, family and neighbors **of any age** need only pay a one-time registration fee of \$20.00 to participate in your choice of class. All classes, unless otherwise noted, begin at 9:30 a.m. and run until 3:00 p.m. A lunch break is included and all are encouraged to bring a brown bag lunch for the full-day classes. Morning and afternoon breaks are scheduled and include refreshments.

Course	Date	Instructor
Common Lichens of the Maine Forest	July 11 9:30 a.m. – 3:00 p.m.	Diann Henderson
Tell Me a Story	August 1 9:30 a.m. – 3:00 p.m.	Eddie Adelman
Online Dating for Mature Beginners	August 22 9:30 a.m. – 3:00 p.m.	Wendy Kasten
Beginning Drawing	August 28 9:30 a.m. – 3:00 p.m.	Sandi Cirillo

Common Lichens of the Maine Forest

Diann Henderson, Instructor

9:30 a.m. to 3:30 p.m. on Thursday, July 11

This is a hands on exploratory course to understand and identify the common lichens of our Maine forests. We will work to understand the mystery of what lichens are, how they grow and reproduce, and their role in the ecosystem. We will identify samples in class using a hand lens. Weather permitting, we will identify a number of lichens on the Hutchinson Center grounds. We will use nature journals for notes and drawings throughout. Students need to bring a journal with blank pages (such as a 5" x 7" sketch pad) and a hand lens. Material to print will be sent to students prior to class start. There will be a one hour lunch break.

Diann Henderson has a Master's Degree in Education and taught Middle School Math and Science in the USA as well as in international schools in Cambodia, China, Russia, and Ecuador. She is a graduate of the Maine Masters Naturalist Program and is looking forward to sharing her growing knowledge of what we see in Maine forests.

Tell Me a Story

Eddie Adelman, Instructor

9:30 a.m. to 3:00 p.m. on Thursday, August 1

As children we all spoke the words, "Tell Me a Story." In this class, we'll pull back the curtain to discover what makes a great novel, memoir, play, or movie. Why does *Hamlet* still captivate us 400 years later? Why is Hannibal Lector the greatest screen villain ever? Why do we see ourselves in the young Scout Finch in *To Kill a Mockingbird*? Why is *The Hobbit*'s Bilbo Baggins a prime example of a journeying hero?

Using film clips from "Casablanca," "The Graduate," and "To Kill a Mockingbird," we'll explore various facets of storytelling such as character, dialogue, story design, a sense of place, comedy, suspense, the hero's journey, hateful villains, and unforgettable endings. We will also use excerpts from novels and memoirs, as well as story songs by Judy Collins, Bruce Springsteen, Bob Dylan, and The Beatles. But understand, this is not a "how to" writing class. Non-writers will be just as fascinated and entertained as writers. There will be a 45 minute lunch break.

Eddie Adelman has been a fiction writer for over 20 years, mostly plays, screenplays, and short fiction. A sitcom written in 2005 about life in Mid-Coast Maine was optioned by NBC. One of his one-act plays was a finalist in the Maine Playwrights Festival at the Portland Stage Company and was performed this spring. He has taught memoir writing at libraries throughout the state, was a humor columnist for the Portland Press Herald, and a semi-regular essayist for Maine Public Radio.

Safe Online Dating for Mature Beginners

Wendy C. Kasten, Instructor

9:30 a.m. to 3:00 p.m. on Thursday, August 22

This course is designed for anyone seeking to find companionship online. Everyone has heard about online dating sites, but how do you do it? And, how do you do it safely to avoid the numerous online scams? Just recently, two mature singles in our area were scammed and the Waldo County Sheriff's Office had to get involved to try and save an older man and woman from losing thousands of dollars. This all day session will consist of a presentation by Waldo County Sheriff Jeff Trafton, about safe online dating and avoiding scams. During the afternoon session we will be working with computers, either your own laptop, iPad, tablet, or one will be provided. Participants will learn about different sites, creating a safe online presence, handling various situations, and answering questions that arise. Lunch break will be from 11:30 a.m. until 1:00 p.m.

Wendy C. Casten has taught five other classes at Senior College. She is a retired professor of education who, coincidentally, met her husband online after years of playing with online dating sites. Currently she chairs "Aging Well in Waldo County," an AARP affiliated organization working to make life better for senior citizens in the County. Our guest speaker, Jeff Trafton, is the Waldo County Sheriff with extensive law enforcement experience. Sheriff Trafton is on the Executive Board of both "Aging Well in Waldo County" and "Waldo County Triad."

Beginning Drawing

Sandy Cirillo, Instructor

9:30 a.m. to 3:00 p.m. on Wednesday, August 28

Drawing is the oldest form of written communication and is easily a favorite leisure activity. In this class, you will explore your creative side as you learn how to create a good composition using techniques such as shading, contrast, perspective, texture, movement, etc. We'll be experimenting with different drawing materials too, so you can see which you like the best (or the least). Drawing landscapes and still lifes are just a small part of this class. All supplies will be provided. Just bring your enthusiasm to learn something new. Come prepared to enhance your creativity and stimulate your imagination through drawing. There will be a half-hour lunch break.

Material fee of \$8.00

Sandi Cirillo has been teaching drawing at Senior College for over six years. A retired art educator, she is also a fiber/mixed media artist and enjoys sharing her knowledge with all her students. Sandi has taught K-12 art as well as art and fiber classes to college students. She is represented by Local Color Gallery in Belfast and also shows her work at Lupine Cottage in Belfast and Lighthouse Arts and Education Center in Bucksport. Influences for her art are traveling, photographing, and hiking throughout Maine. She works with many different arts organizations and businesses to educate the public about the importance of the arts. See samples of her work at www.especially-for-ewe.com.

The Senior College at Belfast does not discriminate on the basis of race, color, religion, ethnicity, sex, national origin, age, sexual orientation, gender identity or expression, mental or physical disability, genetic information, or on any other basis prohibited by applicable law.