



senior college at Belfast  
 the hutchinson center  
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**FALL COURSE CATALOG 2019**  
**September 19 to October 24**

Welcome to the Fall session of Belfast Senior College beginning Thursday, September 19. Classes run for six consecutive Thursdays, ending October 24. All classes are offered at the Hutchinson Center, Route 3 in Belfast. Please register early for the classes you would like to take to avoid disappointment and be sure to order your text(s) or materials at least two weeks in advance. Annual membership fee is \$25.00, valid Sept. 1 through Aug. 31, and is required for all courses, except summer, which is free. Six-week courses are \$35.00, four-week courses are \$30.00, and one-or-two-day courses are \$20.00. You may register: 1) online; 2) by submitting a printed form by mail; or 3) in person at the Senior College Office. All messages will be forwarded to the registrar. Please note that you are now responsible for purchasing the text(s) or materials, if required for your course. N.B. If inclement weather, please call the Hutchinson Ctr., 338-8099. If classes are cancelled, there will be a recorded message any time after 6:30 a.m.

Morning Classes 9:30-11:30 a.m.	Afternoon Classes 1:00-3:00 p.m.
War, Journalism, and History	More About Native American Literature and Culture
I Just Love Maine	Watercolor Class— The Sky’s the Limit or Not!
Art, Nature, and Mathematics	See the USA with American Fictional Detectives
Winterizing Your Yard and Gardens in Fall	Continuons! (Let’s Keep Going) Intermediate Conversational French
World Scriptures 3: The Mediterranean	Yes, We Can! Meet Everyone’s Needs and Save the Planet Too!
Forgotten Pop: American Popular Music 1945-1965	The Quest for Gender Equality
Fascism	Everything You Ever Wanted to Know About Wills, Trusts, & Probate

## Thursday Morning Classes, 9:30-11:30 a.m.

### War: Journalism and History

*Bob Rackmales, Instructor*

Since the Crimean War, journalists have provided accounts of combat that brought the realities of war home to people around the world. This course will examine the lives and work of some preeminent war correspondents of our lifetimes: print journalists Martha Gellhorn; Vasily Grossman; and Bernard Fall; and photo journalist Margaret Bourke-White.

The least known of the above names is probably Grossman's. His reporting for the Soviet Army Newspaper from Stalingrad is considered by historians a pinnacle of war reporting. His account of the Nazi extermination camp at Treblinka was used by the prosecution at the Nuremberg War Crimes Tribunal. His great novel, *Life and Fate*, offers unique insights into the impact of the war, the Holocaust, and Stalinism on the Soviet people.

Gellhorn, Fall, and Bourke-White are better known in the US, and a closer look at the impact of their work on our understanding of World War Two and the Vietnam War should help us bring the contribution of war correspondents into sharper focus. The course will also provide background for the 2020 Camden Conference on the role of the media in global affairs.

**Bob Rackmales** spent 32 years in the Foreign Service. "I enjoyed a wide range of contacts with journalists from major US papers and broadcast outlets as well as their counterparts in my countries of assignment. Despite my occasional disagreement with some of their reporting, my admiration for their professionalism and competency grew over time."

### I Just Love Maine

*Barbara LeGendre, Instructor*

Get to know Maine through its most exciting writers: their personal essays; recollections; and short fiction. Explore E. B. White, Anne Beattie, Henry Beston, Monica Wood, Wesley McNair, Richard Russo, and more. Purchase the text, *A Place Called Maine*, ISBN 978-0-89272-760-5 (Amazon has used copies). I'll also have handouts each week. At the first class we'll discuss the essays by Richard Ford, Baron Wormser, Alice Bloom. **Class limit: 20. Required Text:** *A Place Called Maine*. ed. Wesley McNair, ISBN 978-0-89272-760-5. Available on Amazon Kindle for \$13.50 and on Amazon Used Books from \$2.99.

**Barbara LeGendre** loves teaching seniors! She received a PhD in Literature from Case Western Reserve University in 1985, and taught writing at Cornell University for 22 years. Barbara is originally from Maine and returned in 2011. The interdependence of literature and history has always fascinated her.

### Art, Nature, and Mathematics

*Cyrene Slegona, Instructor*

The more we look at nature the more we can find "purposeful design." Using basic tools, including a ruler, protractor, and compass, we will create art using methods invented by the ancient Greeks, Renaissance and other artists inspired by the nature that surrounds them. We will work with Fibonacci numbers, the Golden Rectangle, Durer's grid, Latin Squares, Archimedean Spirals, and flexigons to name a few methods/tools. Art examples using these methods will be examined with the majority of class time dedicated to learning how to construct with such methods and create our own art work with them. If this course is interesting, it meets your ability level. This course is offered to inspire creativity using intriguing tools of mathematics to interpret nature around and in each of us. A willingness to both explore and to play with ideas is an asset. **Class limit 14.**

**Required materials:** Assorted drawing pencils, ruler (metric and standard), 9" x 12" sketch pad and journal.

**Cyrene Slegona** has taught elementary and middle school for more than 30 years in southern Maine. She integrated the visual arts across the curriculum, receiving national grants to fund various projects. Using her passion as a naturalist, she continually finds ways to use mathematics and art to see the world around us in unique ways.

## World Scriptures 3: the Mediterranean

*Arlin Larson, Instructor*

Three of the world's great religions originated in the Middle East. Each is based on a sacred book that traces itself to a man named Abraham from the 2<sup>nd</sup> millennium BCE. The sacred books – Tanakh, New Testament, Qur'an\* – are closely intertwined. Christians incorporated the Hebrew Scriptures in their entirety. The New Testament was written in constant conversation with the Tanakh. Likewise, Islamic scripture carries on a similar dialogue with both the Hebrew scriptures and the New Testament.

We will examine core passages in these core scriptures. For the Tanakh, it will be the story of the Exodus – Israel's escape from slavery in Egypt. In the New Testament, we will look at the Gospel of Mark, the first telling of the story of Jesus. In the Qur'an, we will look at passages illustrating Muhammad's call for submission to Allah and his complicated relationship to Judaism and Christianity. **Required Texts:** All three scriptures are available online. For those wanting printed versions, there are many choices. JPS TANAKH: *The New JPS Translation according to the Traditional Hebrew Text*, by Jewish Publication Society. New Testament – *New Revised Version of the Bible* by National Council of Churches. \**The Qur'an* (Oxford World's Classics) by M. A. S. Abdel Haleem.

**The Rev. Dr. Arlin T. Larson** has taught Senior College courses on a variety of topics in philosophy and religion. He received his Master of Divinity and Doctor of Ministry from the Divinity School of the University of Chicago. He is now retired after a career in parish ministry, college chaplaincy, and college teaching, most recently serving First Congregational Church of Searsport, ME.

## Fascism

*Larry Litchfield, Instructor*

We will attempt to clarify the nature of fascism and to determine whether it has any important connection to current politics. We must explore various hypotheses about this ideology developed by scholars, and we must consider explanations advanced by ideologies hostile to it such as those of liberalism and Marxism. Next we will trace the stages of fascist development in the political history of various countries from marginal movements to established regimes in at least two countries in the 20th century. Finally we will try to determine whether neo-fascism, crypto-fascism, fascism lite, or any kind of fascism has any importance to our own troubled moment in history, either here or abroad. **Class limit 25.**

**Required text:** *On Tyranny: Twenty Lessons from the Twentieth Century* by Timothy Snyder. ISBN 978-0-8041-9011-4 (Tim Duggans books, 2017). This book is available on Amazon for around \$6.00.

**Larry Litchfield** has a long background in the study of history and political science, with a particular interest in political philosophy and ideology. He is a retired community college teacher and has taught three prior courses at Belfast Senior College.

## Forgotten Pop: American Popular Music 1945-1965

*Neal Harkness, Instructor*

The history of American music in the twentieth century has been written almost exclusively by scholars of jazz and rock and roll. Consequently, the period between the end of the swing era and the rock era has been, to a large extent, overlooked. And yet, it was an era as rich in talent, diversity and innovation as those that preceded and followed it. It was the heyday of some of the greatest vocalists ever recorded, from Doris Day and Rosemary Clooney, to Nat King Cole and Bobby Darin. We will hear their voices, we will examine the role of Hollywood

and Broadway in shaping popular taste, and we will discuss the controversial issue of appropriation from other cultures into the mainstream.

**Neal Harkness**, a native Detroiter, has been a Belfast resident since 2005. Growing up in "Motown," he has been an avid follower of popular music from an early age. He has written for a number of music publications and hosted a long running rock music program on WERU-FM. He believes that there is still plenty of good music being made.

## Winterizing Your Yard and Gardens in Fall

*Jean Vose, Instructor*

This course will cover monthly to-do lists for gardens and lawns, general overall yard care/preparation, and lastly, we'll answer the question about where the pollinators and birds go in winter. It is a slideshow presentation.

**Jean Vose** is a Master Gardener, certified horticulturist and backyard beekeeper living in Nobleboro where she has created gardens to attract pollinators as well as the other beneficial creatures. The original homestead, established in 1910, features a farmhouse of that era bounded by more than 10 acres of open fields and mixed woods. The gardens feature vegetables, herbs, ornamental grasses, trees, and shady spots. Most of her gardens have been established for 18 years. Altogether, she has been gardening for more than 35 years and beekeeping for 33. She is an experienced speaker who likes to share her passions for gardening, pollinator watching, and beekeeping.

## Thursday Afternoon Classes, 1:00-3:00 p.m.

## More About Native American Literature and Culture

*Wendy Kasten, Instructor*

While everyone is welcome in this class, it has been especially designed with those in mind who took the prior course, "Native American Literature and Culture." Using two primary texts, one written by a Penobscot woman, we will read and discuss two key works aimed at gaining historical and cultural insights into the issues of the past and the present. One class session will include a visit by a local Native American. By taking an optional field trip to Palermo, Maine on Sunday, September 22, we can attend the Ceremony of 8000 Sacred Drums which includes participating in a pot luck dinner, and an introduction to "The Great Thunder Chickens" Native American drumming group.

### **Required texts:**

Mitchell, S., *Sacred Instruction: Indigenous Wisdom for Living Spirit Based Change*. ISBN 10-1623171954 North Atlantic Books (approx. \$13.00).

Weatherford, J., *Indian Givers: How Native Americans Transformed the World*. ISBN 978-0-307-71715-3, Broadway Books, NY. (approx. \$13.00).

**Wendy C. Kasten** is Professor Emerita of Language Arts, Reading, Writing, & Literature, having taught at Kent State University, University of South Florida, University of Maine, and Deakin University (Australia). During her graduate studies in Tucson, AZ, Kasten was part of a large research study on the Tohono O'odham (Papago) Indian reservation for two years, and later worked with teachers on the Miccosukee Indian Reservation in Florida. She is published on the topic of cultural issues in Native American education, and her PhD dissertation was also on a topic drawn from a two year research study in the Indian Oasis School District of Arizona. Kasten has taught five prior courses for Belfast Senior College.

## See the USA with American Fictional Detectives

*Nancy Perkins, Instructor*

A major characteristic of all detective and mystery fiction is a well-defined sense of place. From Maine to Florida, from New York to Los Angeles, countless writers have created a body of work that describes the geographic, social, and cultural climate of the regions in which they set their stories. This class will explore American detective fiction and the geographic locales that are so expertly defined by the masters of the craft.

**Class limit 30.**

**Nancy Perkins** has a double major in English and History and has long enjoyed detective fiction. An earlier class on British detective fiction was well received at Senior College Belfast. Since that earlier class she has taught several others including Greek Mythology and discovered how much she loves to teach.

## Continuons! (Let's Keep Going!) Intermediate Conversational French

*Lila Nation, Instructor*

This is NOT a course for beginners! You will love this course if you have had, at least, two years of high school French, or one year of university French, or completed Beginning Conversational French IV with me. Starting where we left off this past spring, we will go further into the *passé composé*, and the sixteen verbs that use *être* instead of *avoir* to form them. Soon you'll be able to talk about not only what you are currently doing, and what you plan to do, but also what you did in the past. It takes some practice, of course, but we are all here to help each other grow more fluent in this beautiful language, and we'll have fun doing it! Allons-y! **Class limit 12.**

**Lila Nation** holds a Masters in the Teaching of French (MAT in French), a Certificat de phonétique from Paris, France, lived in Paris, went camping throughout France for six weeks, has been to St. Bart's twice, has been to France twenty-three times, and goes to Québec every other year. She loves to sing, and plays piano and cello, so come join the French experience!

## The Quest for Gender Equality

*Pamela Chase, Instructor*

Aren't women protected under the constitution? Next year we celebrate the 200<sup>th</sup> anniversary of our state and the 100<sup>th</sup> anniversary for women acquiring the vote. This course will present an historical and sociological overview of the quest for gender equality. We will discuss other topics relating to gender equality including racism, sexism, feminism, and LGBTQ issues.

**Pamela Chase** has a BA in political science and has taught Introduction to Government and Introduction to Sociology at Beal College in Bangor. Active in the Maine Democratic Party, she has worked in political campaigns for Senator George Mitchell and other office holders in the state. Her professional career included jobs in the private sector as well as substitute teaching in various localities. Last fall in Camden, she attended a presentation by the women from Hancock County who formed Equality Maine.

## Yes, We Can! Meet Everyone's Needs and Save the Planet too!

*Paul Kando, Instructor*

The common thread of my earlier course offerings, "After Capitalism" and "An Optimist Looks at Climate Change," was that our current economic system is on a collision course with nature. Climate change is but one consequence. Capitalism routinely overshoots multiple planetary boundaries, yet it fails to deliver on the basic purpose of an economy—to meet the basic human needs of every member of society.

This is where our exploration begins. Though the temptation may be great, this course, however, is not an invitation to vent. For no matter how eloquently we can recite what's wrong, why would anything ever change

for the better, if we cannot clearly state what we would do to set things right?

Our task is not to fight capitalism. Nor can we effectively address climate change by swearing off certain diets or modern conveniences. Our hands-on task is to create a new economy that outperforms the old and meets the human needs of every member of society without violating the natural limits imposed by the finality of Planet Earth—even if we meet this challenge one human need, one human right at a time.

**Paul Kando** was educated in Hungary and is a scientist and researcher by training and inclination. In 2006 he trained with Al Gore on how to present complex science to lay audiences, using his research on which his "Inconvenient Truth" film was based. He has given over 120 climate-related presentations since then and written a weekly energy column for the *Lincoln County News*. As an engineer working internationally for decades, he has learned that the success of any system depends on whether it matches the needs it is expected to fulfill. Since arriving in the US 60 years ago, he has been employed exclusively as a researcher in various fields--textile chemistry, chemical energy storage, solar energy, building technology, and more--the fields changing as markets, the US economy, and society have changed.

## **Watercolor Class--The Sky's The Limit or Not**

*Nancy Blatz, Instructor*

This course will focus on the techniques needed to paint realistic skies--the same techniques needed to paint anything in watercolor. All levels can participate, and if you don't want to paint skies you don't have too. Students need to have their own supplies and prepare for some homework. **Class limit: 14.**

**Nancy Blatz** taught high school math for thirty-five years in New York. During that time, she attended adult education painting courses and took four watercolor classes from the Huntington Township Art League. The rest is history. When she retired to Maine, she became a member of the Mid-Coast Art Guild. She was the first Senior Collage watercolor instructor, and has since taken workshops with Carol Seibold, Franck Eber, Jan Kilburn, and Alvaro Castagnet.

## **Everything You Ever Wanted to Know About Wills, Trusts, and Probate**

*Randolph Mailloux, Instructor*

Have you explored a sensible plan to handle your affairs in the event of your disability or death? In this eminently practical course on estate planning, we will look at the probate process, guardianships, conservatorships, wills, and trusts. We will also explore a variety of strategies to see that your wishes are fulfilled without burdening your survivors. We will open with a quick review of the history of the probate process and then discuss wills, trusts and other ancillary documents, what they can accomplish, and issues in their drafting. We will discuss specific types of trusts and explain their purposes, i.e., Medicaid planning, general estate disposition, and special needs. The ultimate goal of the class is to provide a thorough background so participants can prepare estate plans. Remember, it is not if...but when... .

**Randy Mailloux** has practiced law in Waldo County for more than 40 years. He grew up in Belfast, earned a Bachelor of Science at the University of Maine at Orono, and Juris Doctoris from Gonzaga University in Spokane, Washington. He has also received specialized training from the National Network of Estate Planning Attorneys, ElderCounsel, and the National Judicial College. From 1997 through 2004, he served as Waldo County Probate Judge. He has also served as President of the Waldo County Bar Association, Maine State Representative to the National College of Probate Judges, and President of the Maine Probate Judges Assembly. Randy has been involved in many civic organizations over the years. He spearheaded the Habitat for Humanity of Waldo County and currently serves as its president.

## Special One-Day Classes, 9:30 a.m.-3:00 p.m.

1. Berg's Opera *Lulu* and its Place in Germany's Weimar Republic, Tuesday, September 10
2. Maine's Evolving Working Waterfront, Tuesday, September 24
3. Mixin' It Up with Leonardo daVinci: A Renaissance Man for the 21<sup>st</sup> Century, Thursday, November 7

### Berg's Opera *Lulu* and its Place in Germany's Weimar Republic

Richard Brown, Instructor

Alban Berg's opera *Wozzeck*, first performed in 1925, secured his place in the highest ranks of composers of that time and place. His second opera, *Lulu*, has since sealed that place. Begun in 1928 it remained unfinished at his death in 1935. Its first performance, still unfinished, was in 1937. Berg's orchestral sketches for the final act were eventually completed by Friedrech Cerha in 1976 and its first complete performance was given at the Paris Opera by Pierre Boulez in 1979. Its disturbingly realistic story and powerful score reveal much about this chaotic and highly creative time in Germany. The parallels to today's world as well as its equally creative intensity are worth exploring.

**Richard E. Brown** is a retired music teacher, having spent thirty-nine years in the public schools of Connecticut and Western Massachusetts. He holds a BME from Boston University and a MA in music history and theory from the University of Connecticut. He has also taught at American International College in Springfield, Massachusetts, The University of Maine, and Senior College in Belfast, Maine. He and his wife Diana, a retired music teacher and a professional flutist, moved to Stockton Springs, Maine in July of 1998.

### Maine's Evolving Working Waterfront

Tom Groening, Instructor

The phrase "working waterfront" typically refers to the platform, or perch, from which fishermen access the resources of the ocean. There have been key battles over retaining that access, dating from mid-1980's proposals to build condos on Portland piers, to this year in Boothbay Harbor, as a millionaire tries to rezone part of the waterfront to accommodate stores and motels. But the term also may be understood more broadly, as in the economic and cultural vitality that Maine's eight coastal counties are enjoying; that is, these waterfronts are working. But threats loom—collapse of lobstering, lack of affordable housing, and more.

**Tom Groening** is a 30 year-veteran journalist, and has been a reporter and editor for the (Belfast) *Republican Journal*, the *Bangor Daily News*, and currently, for the Island Institute, The Working Waterfront, and Island Journal publications.

## **Mixin' It Up with Leonardo daVinci: A Renaissance Man for the 21<sup>st</sup> Century**

Sandi Cirillo, Instructor

This year is the 500th anniversary of Leonardo daVinci's death, and it is bringing renewed interest to his artistry, his creativity, and his foresight in the arts and sciences. In this hands on class--we'll learn more about Leonardo as we explore our own creativity with him as our muse. For him, the precepts of scientific-observation, hypothesis, and experimentation were critical to his art. His greatest gift was his ability to make knowledge visible. For him, it was all about the process, not the end-game. Bring any drawing and watercolor materials you have to this class as we learn more about this important artist. We may even try our hand at some portrait drawing which was how Leonardo began his career. Come celebrate one of the greatest and most influential artists of our time.

**Class limit: 14.**

**Sandi Cirillo** is a retired art educator who teaches drawing, fiber, and art history classes all over the Northeast and North Carolina. Her art work reflects her love of traveling throughout Maine where she lives and her appreciation of the natural environment around her. Sandi has taught classes at Senior College for 6 years and she lives in Searsport where she has her studio. She is represented locally by Local Color Gallery in Belfast. To see examples of her art and see what classes she offers, go to her website, [especially-for-ewe.com](http://especially-for-ewe.com).

*Senior College admits members regardless of race, color, gender, national or ethnic origin, religion, sexual orientation, political affiliation, or amount of gray hair.*